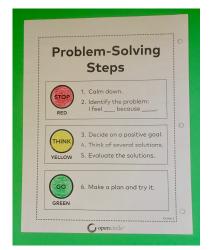
Problem Solving Practice

Thursday ~ You just listened to Quiet Please, Owen McPhee

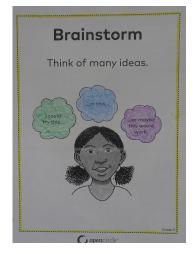
Take some time to reflect ~ list one or two times when you have been bothered by the actions of another ~ in the classroom, in a game, with a group of friends...



Look at our Open Circle Problem Solving Chart.

STOP

Write an "I statement" for one of the situations you listed above. I feel _____ because ____



Next, look at the THINK section.

Think of a positive goal. Think, "What do I want to have happen? How do I want things to end up?" Check and make sure that your goal is fair to others and takes into consideration their needs and feelings too. Brainstorm all the solutions you can think of for that situation.

Next evaluate the solutions. That's step 5. Ask these questions: What will happen if...? Will this solution help reach the positive goal? Is it safe? Is it fair to others? Is it considerate of the feelings and needs of others? Write the solution you think will be most helpful and productive here.