

Kid's Life List Brainstorming Guide

Directions- You're young and have a long life in front of you. What do you want to try? Where do you want to visit? What accomplishments do you want to tell your grandkids about when you are older? Think about your whole life: now, next week, next year, when you graduate from high school or college; think about the endless possibilities!

Below are some categories and prompts to get you started with creating your life list. There are no right or wrong answers. The only rule is to dream big!

Places to Explore

- * Local places you would like to go to one day?
- * Places you would like to visit that you can drive to?
- * Far away places you would like to travel to for vacations: beaches, mountains, cities or historical landmarks?

People to Meet

- * People who inspire you.
- * People who you admire.
- * Music, sports, entertainers, writers, or artists.
- * People who you just think would be fun to meet.

Achievements

- * Things you want to accomplish soon, later, this year, while you're a kid, or when you're an adult.
- * Things you want to excel at and be successful with.
- * Careers you might want to try someday.
- * Things you want to create, build, invent, or discover.
- * Issues and world or community problems you would like to see solved and how you might be able to help.
- * Things you could do to help others and make a difference by giving, sharing, or teaching.

Adventures

- * Crazy and fun activities you want to try someday.
- * Events you want to witness one day such as sporting events, world events, local events, concerts, shows, etc.
- * Experiences you want to have during your life.

Learning

- * Sports you want to learn how to play.
- * Skills you want to have: technology, building, creating, writing, painting, or playing an instrument.
- * Activities you want to learn about (ex. sewing, cooking).
- * Topics you want to learn about.

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths." Walt Disney